# Studies in Enteric Anthelmintics: Activity Profile of Prodrug of a Bisbenzimidazole [1]

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The comparative anthelmintic activity of a possible prodrug, 2,2'-dicarbomethoxyamino-5,5'-dibenzimidazolyl methanol (2) with its parent compound 2,2'-dicarbomethoxyamino-5,5'-dibenzimidazolyl ketone (1) and the reference drug mebendazole (3a) is reported. At a dose of 25 mg/kg, compound 2 was 100% effective against Ancylostoma ceylanicum in hamsters. Compound 2 also exhibited a similar order of activity against Syphacia obvelata, Hymenolepis nana and H. diminuta at a dose of 100 mg/kg. The drug exhibited lethal effects against metamorphic forms of A. ceylanicum at a dose of 100 mg/kg. However the trichostrongylids, Nippostrongylus brasiliensis remained unaffected up to a dose of 250 mg/kg of 2. Both 1 and 3a exhibited inferior activity than 2 except against adult A. ceylanicum. The activity of 1 and 2 has been explained on the basis of their ability to resist systemic hydrolysis resulting in higher concentration of the active drug in biophase.

#### Introduction

Despite extensive work carried out towards design and synthesis of ideal benzimidazole-2-carbamate anthelmintics, it has not been possible to eliminate some of the basic limitations associated with this class of drugs [2-4]. The major limitations with benzimidazole drugs are their poor absorption through the gastrointestinal tract and irratic pharmacophoric behaviour in biophase [5]. Further, benzimidazole-2-carbamate molecules are extremely sensitive to even minor structural changes and, therefore, skeletal modifications play a detrimental role in successful drug design [6]. In an effort to obtain a benzimidazole anthelmintic which is devoid of the inherent limitations as discussed above, a series of methyl 5(6)substituted benzimidazole-2-carbamates were synthe sized in this laboratory [7-11] of which methyl 5(6)-[α-hydroxy-α-phenyl]methylbenzimidazole-2carbamate (3b), an active metabolite of mebendazole (3a), was found to display excellent anthelmintic activity against a variety of intestinal and tissue-dwelling helminths [12].

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In a further probe in this direction, 2,2'-dicarbomethoxyamino-5,5'-dibenzimidazolyl methanol (2) was synthesized as a possible prodrug of 2,2'-dicarbomethoxyamino-5,5'-dibenzimidazolyl ketone (1), a compound synthesized in this laboratory and found to possess high order of activity against different luminal and tissue-dwelling helminths [13]. The basis for synthesizing 2 also lies in the fact that this molecule is expected to be highly sensitive to biological oxidoredox reactions by virtue of two electron-deficient rings attached to secondary alcohol.

The present communication is, therefore, concerned with the synthesis and anthelmintic activity of **2** against different helminth parasites in experimental animals.



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#### Materials and Methods

Synthesis

The synthesis of 2,2'-dicarbomethoxyamino-5,5'-dibenzimidazolyl methanol (2) was achieved by cyclization of bis-(3,4-diaminophenyl) methanol with 1,3-dicarbomethoxy-S-methylisothiourea (yield 40%, m.p. > 300 °C).

#### Parasites and hosts

Compounds 1, 2 and reference drug, mebend-azole (3a) were evaluated against Ancylostoma ceylanicum (hookworm) in hamsters, Nippostrongylus brasiliensis (trichostrongylid) in rats, Syphacia obvelata (oxyurid) in mice, Hymenolepis nana (cestode) in rats and H. diminuta (cestode) in rats. Compounds being insoluble in water were made to fine suspensions with little amount of Tween 80 [14]. Two to three animals were used for each dose level and two to five replicates were done. The assessment of efficacy was done on autopsy under deep ether anaesthesia.

# 1. Ancylostoma ceylanicum (hookworm)

The drug testing was carried out using golden hamsters of either sex (50-60 g) infected orally with  $60 \pm 5 \text{ L}_3$  (3rd stage larvae) of *A. ceylanicum* [6]. On day 17 post-inoculation, infection was checked by ovoscopic examination. Hamsters found positive were administered orally or intraperitoneally with compounds under test. The efficacy was expressed in terms of absolute clearance of parasite from the host and percent worm reduction.

For larvicidal action, the test compounds were either fed or injected intraperitoneally on day 1, 3 and 6 post-infection for evaluating effects on  $L_3$ ,  $L_4$  and  $L_5$  stages, respectively [15]. Treated and untreated hamsters were sacrificed on day 17 post-infection when  $L_3$  reached patency in the intestine. The efficacy assessment was similar to that described above.

# 2. Nippostrongylus brasiliensis (trichostrongylid)

Male rats of UF strain (30-40 g) infected subcutaneously with 500 L<sub>3</sub> served as experimental host. The therapeutic trials were initiated on day 9 post-infection (p.i.). The treated and untreated animals were autopsied on the third day of the last

dose and efficacy assessment was made on percent worm reduction as described for *A. ceylanicum* [15].

### 3. Syphacia obvelata (oxyurid)

The compounds were evaluated in either sex of Swiss albino mice (20-25 g) carrying naturally acquired infection of *S. obvelata*. The criterion of efficacy was the absolute clearance of the parasites from the treated mice [6, 14].

#### 4. Hymenolepis nana (cestode)

The efficacy assessment was made against egg (200) induced infection of H. nana in albino male rats (35–40 g). The basis of drug efficacy was the complete elimination of worms along with scolices from the treated animals [16].

# 5. Hymenolepis diminuta (cestode)

The parasite was maintained through its intermediate host, grain beetles (*Tribolium confusum*), in laboratory bred albino rats (35–40 g). Rats found positive by ovoscopic examination on day 16 were used in the drug evaluation. The criterion of efficacy was the same as for *H. nana*.

#### Results

#### 1. Ancylostoma ceylanicum

# (a) Adulticidal action

Both the compounds 1 and 2 were found efficacious. Compound 2 however showed better activity than 1 as 100% efficacy was achieved at a dose of 25 mg/kg as against 50 mg/kg for compound 1 (Table I). At a lower dose of 12.5 mg/kg, compound 1 exhibited poor activity (40.4% worm reduction) whereas compound 2 reduced the wormload to the tune of 97.1%. Mebendazole (3a) exerted excellent activity at a single oral dose of 1 mg/kg.

#### (b) Larvicidal action

Since compound 2 had remarkable efficacy, only this along with reference drug (3a) were investigated for larvicidal action. Promising action of compound 2 was recorded at a single oral dose of 100 mg/kg against  $L_3$ ,  $L_4$  and  $L_5$  stages of

Table I. Effect of compounds 1, 2 and 3a against adult helminth parasites.

| Parasite (host)  | Com-<br>pounds | Dose<br>mg/kg<br>per os  |  | mal cured<br>ated (replicates)  | Percent host clearance                                  | Worm recovery mean with (range)   | Percent worm reduction                                       |
|--|----------------|--|--|---|---|---|--|
| A. ceylanicum<br>(hamster)   | 1              | 50 × 1<br>25 × 1<br>12.5 × 1<br>6.25 × 1   | 9/9<br>4/8<br>0/5<br>0/5               | (3)<br>(3)<br>(2)<br>(2)  | 100<br>50<br>0  | 9.15 (6-20)<br>15.65 (9-22)<br>24.67 (21-35)  | 100<br>60.6<br>40.4<br>0                                     |
|  | 2<br>3a        | 25.25 × 1<br>12.5 × 1<br>6.25 × 1<br>3.12 × 1<br>1.56 × 1<br>0.78 × 1<br>1.00 × 1<br>0.5 × 1 | 6/6<br>6/1:                            | (2)<br>5 (5)<br>(3)<br>(3)<br>(3)<br>(2)<br>(2)   | 0<br>100<br>40<br>0<br>0<br>0<br>0<br>0<br>100<br>16.66 | 0.86 (4-8)<br>4.44 (1-7)<br>8.87 (5-15)<br>19.00 (13-29)<br>27.75 (20-35)<br>0<br>6.75 (0-11) | 0<br>100<br>97.1<br>83.2<br>66.2<br>24.6<br>0<br>100<br>74.6 |
| N. brasiliensis<br>(rat)   | 1<br>2<br>3a   | 250 × 1<br>250 × 1<br>250 × 1<br>100 × 1   | 0/6<br>0/4<br>6/6<br>0/6               | (2)   | 0<br>0<br>100<br>0                                      | 88.62 (61-111)<br>84.60 (65-108)<br>0<br>56.50 (45-75)  | 0<br>0<br>100<br>38.7  |
| S. obelata<br>(mouse)  | 1 2            | 100 × 1<br>50 × 1<br>25 × 1<br>100 × 1   | 6/6<br>4/6<br>0/6<br>6/6               | ( )   | 100<br>66.6<br>0<br>100                                 | =   | -<br>-<br>-  |
|  | 3a             | 50 × 1<br>25 × 1<br>12.5 × 1<br>250 × 1<br>100 × 1<br>50 × 1                                 | 8/9                                    | (3)<br>2 (4)<br>(2)   | 88.8<br>58.3<br>0<br>100<br>66.6<br>0                   | -   | -  |
| H. nana<br>(rat)   | 2              | 250 × 1<br>100 × 1<br>50 × 1<br>100 × 1<br>50 × 1  | 2/12<br>5/5                            | (2)<br>(2)<br>2 (3)<br>(2)<br>2 (4)   | 100<br>50<br>16.6<br>100<br>50.0                        |   | -  |
|  | 3a             | $\begin{array}{ccc} 30 & \times 1 \\ 25 & \times 1 \\ 400 & \times 3 \end{array}$            | 0/6                                    | (2)<br>(2)<br>(2)   | 0 0   | -<br>-<br>-   | -<br>-   |
| H. diminuta<br>(rat)   | 1<br>2<br>3a   | 100 × 3<br>100 × 3<br>100 × 3  | 0/4<br>4/4<br>0/6                      | ( )   | 0<br>100<br>0   | -<br>-<br>-   | -<br>-<br>-  |
| Pooled control data  A. ceylanicum N. brasiliensis S. obvelata H. nana H. diminuta |                |  | No. of animals<br>25<br>08<br>15<br>12 | Worm recove<br>27.65 (19-35)<br>90.25 (69-11)<br>32.5 (21-70)<br>22.75 (15-66)<br>8.50 (5-12) |   |   |  |

A. ceylanicum. Comparable efficacy was found with compound 3 (Table II). Intraperitoneal route of administration was superior to per os route.

# 2. N. brasiliensis

Compounds 1 and 2 showed no activity against this infection even at the initial dose of 250 mg/kg.

However at a similar dose compound **3a** exhibited 100% efficacy.

# 3. S. obvelata

Promising action of compounds 1 and 2 was recorded against *S. obvelata*. At the dose of 100 mg/kg both the compounds showed 100% parasite

Table II. Efficacy of compounds 2 and 3a against developing forms of A. ceylanicum.

| Compound              |  |                                |                           |  |                         |                               | Compound 3a                    |   |                         |  |
|-----------------------|--|--------------------------------|---------------------------|--|-------------------------|-------------------------------|--------------------------------|---|-------------------------|--|
| Dose $mg/kg \times 1$ | Larval<br>stage                                    | Animal cured<br>Treated (R)*   | % Host clearance          | Worm recovery mean with range              | % Worm reduction        | Animal c<br>Treated (         |                                | Worm recovery mean with range               | % Wo                    |  |
| 100 (p.o.)            | L <sub>3</sub><br>L <sub>4</sub><br>L <sub>5</sub> | 0/6 (2)<br>5/6 (2)<br>6/6 (2)  | 0<br>83.33<br>100.0       | 8.5 (4-12)<br>1.36 (0-3)<br>0              | 69.60<br>94.80<br>100.0 | 0/6 (2)<br>6/6 (2)<br>6/6 (2) | 0<br>100<br>100                | 10.25 (8-15)<br>0<br>0                      | 66.7<br>100.0<br>100.0  |  |
| 50 (p.o.)             | $\begin{matrix}L_3\\L_4\\L_5\end{matrix}$          | 0/6 (2)<br>3/6 (2)<br>5/5 (2)  | 0<br>50.0<br>100.0        | 10.50 (6-13)<br>2.60 (1-5)<br>0            | 56.3<br>91.1<br>100.0   | 0/6 (2)<br>6/6 (2)<br>6/6 (2) | 0<br>100.0<br>100.0            | 18.50 (10-29)<br>0<br>0                     | 41.2<br>100.0<br>100.0  |  |
| 25 (p.o.)             | $L_3$ $L_4$ $L_5$                                  | 0/6 (2)<br>1/6 (2)<br>3/6 (2)  | 0<br>16.66<br>50.0        | 18.40 (14-21)<br>4.80 (3-8)<br>1.12 (0-3)  | 41.7<br>82.7<br>97.6    | 0/6 (2)<br>0/6 (2)<br>2/6 (2) | 0<br>0<br>33.33                | 22.75 (20-27)<br>6.50 (4-9)<br>1.50 (0-3)   | 25.6<br>78.5<br>93.8    |  |
| 12.5 (p.o.)           | $L_3$ $L_4$ $L_5$                                  | 0/4 (2)<br>0/5 (2)<br>0/4 (2)  | 0<br>0<br>0               | 23.70 (18-27)<br>8.35 (5-14)<br>3.83 (2-5) | 24.8<br>70.2<br>85.4    | 0/6 (2)<br>0/6 (2)<br>0/6 (2) | 0<br>0<br>0                    | 25.65 (19-31)<br>10.55 (7-15)<br>4.66 (2-7) | 16.2<br>65.3<br>81.4    |  |
| 100 (i.p.)            | $L_3$ $L_4$ $L_5$                                  | 1/6 (2)<br>9/9 (3)<br>5/5 (2)  | 16.66<br>100.00<br>100.00 | 3.0 (1-9)<br>0<br>0                        | 87.1<br>100.0<br>100.0  | 6/6 (2)<br>6/6 (2)<br>6/6 (2) | 100.0<br>100.0<br>100.0        | 0<br>0<br>0                                 | 100.0<br>100.0<br>100.0 |  |
| 50 (i.p.)             | $egin{array}{c} L_3 \ L_4 \ L_5 \end{array}$       | 0/4 (2)<br>4/10 (4)<br>5/5 (2) | 0<br>40.00<br>100.0       | 7.75 (2-12)<br>2.18 (1-5)<br>0             | 66.6<br>91.9<br>100.0   | 6/6 (2)<br>3/5 (2)<br>6/6 (2) | 100.0<br>60.0<br>100.0         | 0<br>1.66 (0-5)<br>0                        | 100.0<br>94.9<br>100.0  |  |
| 25 (i.p.)             | $ L_3 $ $ L_4 $ $ L_5 $                            | 0/4 (2)<br>0/5 (2)<br>4/6 (2)  | 0<br>0<br>66.66           | 14.5 (11-17)<br>3.8 (1-7)<br>1.45 (0-2)    | 45.6<br>86.5<br>95.7    | 0/6 (2)<br>1/5 (2)<br>2/5 (2) | 0<br>20.0<br>40.0              | 14.66 (10-18)<br>5.0 (2-10)<br>1.33 (0-4)   | 48.1<br>84.8<br>97.2    |  |
| 12.5 (i.p.)           | $L_3$ $L_4$ $L_5$                                  | 0/4 (2)<br>0/5 (2)<br>0/6 (2)  | 0<br>0<br>0               | 21.25 (17-25)<br>7.60 (3-14)<br>2.64 (1-4) | 31.3<br>72.9<br>92.4    | 0/5 (2)<br>0/5 (2)<br>1/5 (2) | 0<br>0<br>20                   | 20.25 (14-23)<br>6.20 (2-10)<br>7.95 (0-4)  | 33.9<br>79.7<br>93.6    |  |
|                       |  | Pooled control data            |                           | Route                                      | No. of anim             | nals                          | Worm recovery mean with range  |   |                         |  |
|                       |  |                                |                           | Oral<br>Intraperitoneal                    | 25<br>30                |                               | 29.85 (24-38)<br>30.65 (27-37) |   |                         |  |

<sup>\*</sup>R = Replicate.

clearance in 100% of treated animals. At a dose of 50 mg/kg compound 2 showed superior activity (88.6% host clearance) than compound 1 (66.6% efficacy). Compound 3a was found much inferior (Table I).

#### 4. H. nana

Compound 2 at the dose of 100 mg/kg was fully effective whereas the same amount of compound 1 cured only 50% of the treated mice. At lower dose (50 mg/kg), compound 1 cleared only 16.6% of the treated mice whereas compound 2 cured 50%. The reference drug (3a) had no effect on this parasite (Table I).

#### 5. H. diminuta

Compound 2 eliminated all the parasites from the treated rats at three oral doses of 100 mg/kg. Compounds 1 and 3a in parallel trials, failed to exert any action at this dose level (Table I).

#### Discussion

As discussed earlier, the main objective of synthesizing 2,2'-dicarbomethoxyamino-5,5'-dibenzimidazolyl methanol (2) as the possible prodrug of 2,2'-dicarbomethoxyamino-5,5'-dibenzimidazolyl ketone (1) was to develop an anthelmintic agent which has better profile of activity against the major intestinal helminths. This was based on our earlier experience wherein one of the metabolites of mebendazole, methyl 5(6)-[α-hydroxy-α-phenyl]methyl benzimidazole-2-carbamate, obtained by reduction of the keto function, was found to possess better activity than the parent drug both against the intestinal and tissue-dwelling helminths. In the present study also, somewhat similar results were obtained. Compound 2 exhibits anthelmintic activity better than its parent drug (1) against intestinal helminths (A. ceylanicum, S. obvelata, H. nana and H. diminuta). This would indicate that compound 2 remains unabsorbed through the gastrointestinal tract most of the time and only a small portion of it reaches the extraintestinal organs leading to poor activity against tissue-dwelling worms. This is probably due to the fact that compound 2 is sensitive to oxidoredox reaction in biophase and a major amount to the drug gets converted into 1. However, it is not clear if the net anthelmintic activity is the resultant of the additive or synergistic effects of both the biotransformations.

[1] CDRI Communication No. 4817.

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The biological profile of compound 2 is very close to mebendazole (3a). Against A. ceylanicum, compound 2 is inferior to mebendazole but against N. brasiliensis, S. obvelata and Hymenolepis spp., it is superior to that of both mebendazole and parent drug (1). Thus, compound 2 may provide an useful lead to carry out further molecular modifications in benzimidazole anthelmintics to generate better drugs to combat both individual and mixed helminthiases.

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